

NORTHWEST ATHLETIC TRAINERS' ASSOCIATION

Executive Officers

District Director

Cari Wood ATC
Athletic Trainer
Desert Orthopedics
Redmond High School
4441 Northwest Way
Redmond, OR 97756
(541) 504-3588

District Secretary

Benjamin Henry, MS, ATC
Work-Fit, LLC - Boeing
11714 58th Ave NE
Marysville, WA 98271
(309) 830-1644

District Treasurer

Jenn Stueckle MS, ATC
University of Washington
Graves Building
PO Box 354070
Seattle, WA 98195
(206) 221-6279

Past Director

Russ Richardson Ed D, ATC/L
Athletic Trainer
The University of Montana
Western
710 S. Atlantic
Dillon, MT 59725
(406) 683-7391



From the Director

NWATA members,

I hope you are having a great summer, including some vacation with family and friends! I know I have been swamped with work and fun since getting home from the NATA convention in Baltimore.



The NWATA leadership is aware of the on-line petition that has been generated regarding AT education. With nearly 500 signatures and close to 100 comments nationwide clearly there is passion for the evolution and future of our great profession.

However, the best way for you and your colleagues' voice to be heard is not through the petition. Once you have had the opportunity to critically evaluate the proposed curricular standards from the CAATE, you can and will make a difference by providing your input through the Open Comment process.

If you agree with a standard say so and why; if you disagree say so and why. The CAATE needs solid input from you to move our



Christopher Dean, ATC

1919 Lathrop St
Fairbanks, AK 99701
(907) 451-6561



Nikki Clark MPE, ATC, LAT

3401 Hansen Ave.
Boise, ID 83703



**Valerie Moody PhD, ATC, LAT,
WEMT-B, CSCS**

Program Director Athletic Training
University of Montana
32 Campus Dr.
McGill Hall 238C
Missoula, MT 59812
(406) 243-2703



Sam Johnson, PhD, ATC, CSCS

Clinical Assistant Professor
School of Biological and Population Health
Sciences
Oregon State University
218 Langton Hall
(541) 737-6801



Craig Bennett, MA, ATC

University of Puget Sound
1500 N. Warner #1044
Tacoma, WA 98416

education forward so that Athletic Training evolves alongside other health care professions. Remember, the open comment is intended to evaluate what has been PROPOSED to be taught in our professional programs. The proposed educational content online is not final. Again, your evaluation and participation in the Open Comment before August 1 is crucial. Your response to the petition however, is unlikely to lead to change.

The website is <http://caate.net/shape-the-future-of-athletic-training-education> and click on the Curricular Standards.

Feel free to email me your questions or concerns and I'll do my best to answer them or pass them along to someone who can!

Cheers! - Cari

Have you gotten your NPI Number yet?

The National Provider Identifier (NPI) is a unique 10 digit number that individually identifies all health care providers. Prior to 2004, the primary identifier for health care providers was either a state license number or a unique physician identification number (UPIN). Because different health care providers used various types of identifiers, Medicare required NPIs for all health care providers. All HIPPA compliant health care providers, including athletic trainers, are required to use the NPI as their identifier in all EMR systems when transmitting health information.

The athletic training profession is positioned to be a leader in health care reform, since our team based approach to health care is the model on which the future is based. As the health care industry moves to adopt prevention as a key component of patient care, athletic trainers must be at the forefront. Missing this opportunity would be extremely detrimental to the future of our profession.

As health care providers, athletic trainers should have an NPI, regardless of setting. The reasons are varied:

- **AMA Recognition**—A little over a decade ago, the profession of athletic training was recognized by the American Medical Association (AMA), but with an acknowledgement that was not setting specific. NATA battled for years to obtain this recognition and yet have been unable to progress further while the health care arena has continued to evolve.
- **CMS Recognition**—CMS considers approved providers

based on a number of factors- one of which is the penetration of the provider throughout the country. The most common searchable data is the NPI of the profession. If all 43,000 NATA members had NPI numbers, our market presence would be more impressive to those accessing the data. However, we currently only have 54% of certified members who have obtained their NPI.

- **Regulatory**—As with CMS, when regulatory agencies or legislators are attempting to identify the market presence of a particular health care profession, an NPI search is the industry standard.
- **Value and Credibility**—There is strength in numbers. Using NPI statistics gives athletic trainers more power in legislative, regulatory, and health care initiatives, increasing our value as an allied health care provider.
- **Third Party Reimbursement**—The most commonly understood reason to have an NPI is its necessity when billing third party payers for services performed by a health care provider. Any claim submitted to an insurance company must identify the athletic trainer by an NPI or the claim will be rejected.
- **NATA/COPA/COR**—Multiple attempts to increase NPI participation have been carried out on the national, district, and state levels. Unfortunately, to date, there has been only an 8.8% increase in overall member NPI enrollment, most of which are occurring with recent graduates.

For further information or for step-by-step instructions on how to apply for your NPI, see <http://www.nata.org/NPI>



Social Media

Remember to follow the **NWATA** on Facebook!! Check it out [HERE!](#)

Hey Young Professionals: Be sure to also check out the NWATA District 10 Young Professionals Page [HERE!](#)



New Research Grant Request for Proposals

The NWATA Research Committee is calling for research proposals for a new D10 research grant. This award of \$1000 aims to provide financial support for quality research that advances the discipline of athletic training. This award prioritizes graduate student and new investigators within D10. The deadline for application is January 20th, 2017. See full award details & instructions at: [NWATA Research Grant Application](#). Questions can be directed to Dr. Cynthia Wright at cwright@whitworth.edu.

2017 Call for Free Communications Abstracts for D10 in Tacoma

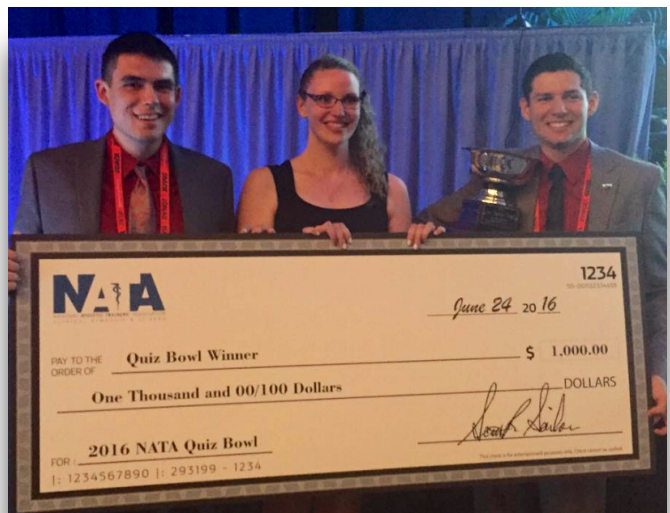
The NWATA Research Committee is calling for research abstracts for the NWATA Free Communications program. The Free Communication program provides a forum for dissemination of research and clinical case studies in poster and oral presentation formats at the NWATA Annual Meeting. All clinicians, students, and faculty are invited to participate. The deadline for submission is December 15th, 2016. See full submission details and instructions at: [Call for Abstract](#).

Ethics

The NATA Code of Ethics has been updated on their website. Check them out at: <http://www.nata.org/membership/about-membership/member-resources/code-of-ethics>

Congratulations to Washington State, NATA Quiz Bowl Winners!!!

Ricky Ayala, Alee Bryan, Elias Whitefoot, alternate – Jessie Dizenfeld



Safe Sports School Award

Have Your School Nationally Recognized

The Safe Sports School Award recognizes secondary schools around the country that take the crucial steps to keep their athletes free from injuries.

In order to achieve Safe Sports School status, athletic programs must do the following:

- Create a positive athletic health care administrative system
- Provide or coordinate pre-participation physical examinations
- Promote safe and appropriate practice and competition facilities
- Plan for selection, fit function and proper maintenance of athletic equipment
- Provide a permanent, appropriately equipped area to evaluate and treat injured athletes
- Develop injury and illness prevention strategies, including protocols for environmental conditions
- Provide or facilitate injury intervention
- Create and rehearse venue-specific Emergency Action Plan
- Provide or facilitate psychosocial consultation and nutritional counseling/education
- Be sure athletes and parents are educated of the potential benefits and risks in sports as well as their responsibilities

The application for a Safe Sports School award outlines the specific actions that will lead an athletics program to the highest safety standards for its players. A school may earn a 1st or 2nd Team award; 1st is awarded to schools that act on all of the recommended and required elements. 2nd Team is granted to schools that have completed only required elements.

Any secondary school can apply. Applications, which require a fee, must be signed by the school's principal or athletic director and an athletic trainer or team physician. Schools qualifying for either award will receive a banner and artwork to promote their achievement



Learn more at: <https://www.nata.org/advocacy/youth-sports-safety/safe-sports-schools>

Safe Sports Schools Award Winners in District 10

Corvallis High School - Corvallis, OR
Lebanon High School - Lebanon, OR
Redmond High School - Redmond, OR
South Salem High School - Salem, OR
Sprague High School - Salem, OR
Auburn Mountainview High School - Auburn, WA
Eastmont High School - East Wenatchee, WA
Wenatchee High School - Wenatchee, WA
Boise High School - Boise, ID
Borah High School - Boise, ID
Capital High School - Boise, ID
Centennial High School - Boise, ID
Skyview High School - Nampa, ID
Timberline High School - Boise, ID
Beaverhead County High School - Dillon, MT
Billings West High School - Billings, MT
Hellgate High School - Missoula, MT
Loyola Sacred Heart High School - Missoula, MT



The NATA Foundation 5K Fueled by Gatorade - Baltimore, MD - June 25, 2016

2016 NATA Award Winners

Eve Becker Doyle Leadership Award – Mark Smaha

AT Service Award – Marty Matney, Dana Gunter, Lynne Young,
Greg Mitchell, Suzette Nynas

Gatorade Secondary Schools Service – Lorrie Howe

Public Relations NATM Best Student Effort – University of
Montana (9th year in a row!!)

State Leadership Award – Craig Bennett

Don't forget to start nominating our members for awards! (Opens Aug 1)
Don't wait until we are busy in the Fall



NWATA Outstanding Service Award: This award recognizes those athletic trainers whose outstanding contributions and dedicated service have furthered the advancement of the NWATA and the athletic training profession. [Nomination Form](#)

NWATA New Horizon Award: This award recognizes those athletic trainers who are relatively new to the profession and are making a significant contribution at the district level.

The intent is to recognize members who are new to the profession (having been ATCs fewer than 15 years) but are making a very positive impact on the profession while still fairly early in their athletic training careers. [Nomination Form](#)



Ethnic Diversity Advisory Committee (EDAC)

The Ethnic Diversity Advisory Committee has been hard at work and has two pieces of important information to share with the members of the NWATA:

1. In conjunction with the student committee, we are going to have a service project at the NWATA meeting in Tacoma. The activity will probably be on early Thursday afternoon as part of the student symposium. **HOWEVER**, it is **NOT** just for students! All members are encouraged to be involved. More information will be forthcoming as the plans are finalized.
2. The EDAC Enhancement Grant committee has created a new opportunity for **students**. A grant of up to \$1,500 will be awarded to an ethnically diverse student to attend the iLead Conference which is held in conjunction with the Educator's Conference. The deadline for application is **September 15th**. More information can be found at <http://www.nata.org/professional-interests/diversity/resources/ilead-diversity-grant-program>

The general grant process has also changed. Beginning in 2017, there will now only be 1 grant application deadline, which is April 1st. We are looking for grants that fulfill one of the following categories:

Category 1. Develop various programs intended to recruit, retain and educate ethnically diverse athletic training student with the intent to increase the number of ethnically diverse certified athletic trainers. Examples may include but are not limited to:

- Encourage the development of CAATE accredited programs at predominantly ethnically diverse institutions of higher education
- On campus career days and/or camps targeted towards ethnically diverse high school and/or college/university students
- Outreach visits to classes in predominantly ethnic high schools and/or colleges/universities
- Public relations outreach targeting popular publications

Category 2. Disseminate information relating to health care issues and conditions relevant to ethnically-diverse populations (sickle cell disease, lactose intolerance, at-risk populations, Blount's Disease, hypertension, etc). Examples may include but are not limited to:

- Enhance educational sessions at national symposium
- Development of PR materials

Category 3. Enhance the professional development and stature of ethnically diverse Certified Athletic Trainers to better serve the profession (ultimately leading to an increased representation of ethnically diverse leaders at both the district and national level). Examples may include but are not limited to:

- Development of PR materials
- Develop an educational website
- Leadership training for ethnically diverse athletic trainers

More information can be found at <http://www.nata.org/professional-interests/diversity/resources/enhancement-grants>

Finally, the EDAC is always looking for nominees for the Bill Chisholm Service Award. The EDAC presents the Bill Chisolm Professional Service Award in an attempt to recognize an individual who has contributed to the development and enhancement of ethnically diverse athletic trainers. The recipient is selected by the committee and is not required to be a member of an underrepresented ethnically diverse population. The application can be found at <http://www.nata.org/membership/honors-and-awards/EDAC-Bill-Chisolm>. The deadline for the nomination is February 1st. If you know of someone but don't want to nominate him/her, please email me (moffdani@isu.edu) and I will be happy to help!

We are trying to have a more active EDAC group in the NWATA. Several people met in Boise to talk about how we can become more active and I am looking for ways to get folks involved. If you have any suggestions, ideas, or want to just to be heard, please let me know! We will be starting some things in the fall and want involvement. Most importantly, you DO NOT need to be ethnically diverse to be involved! You just need to be involved! Diversity is all of our responsibility.

Public Relations

The NATA has launched the new public website as a resource for non-athletic trainers to get information on what services athletic trainers provide. Check it out at atyourownrisk.org, and spread the word.

We are also collecting testimonials for the website. If you have something you would like to share - a short story, or a quote from an athlete, parent, coach, administrator, Doctor, etc., please send it to me so we can put it online!

If you have any news to share for the NATA News, such as an award, a recognition, a fundraising event, a workshop, etc., please send the information to me, your state rep, or to the NATA News - beths@nata.org

Lastly, please remember that as an Athletic Trainer, people notice what you do. Represent yourself professionally. Use social media as a beneficial tool for networking and staying connected with others. It should not be a place for bad mouthing other professionals, athletic trainers, coaches, or parents.

Have a great fall and let me know if I can do anything to help you!

Josh Holliday
360-509-8983
nwatadopr@gmail.com

2016 Capitol Hill Day

In conjunction with the 67th Clinical Symposia & AT Expo, NATA held its annual Capitol Hill Day Wednesday, June 22, the association's biggest advocacy event of the year.

This year, more than 400 athletic trainers representing 48 states made the trek from Baltimore to Washington, D.C., to speak with legislators on two important pieces of legislation

- H.R. 921: Sports Medicine Licensure Clarity Act
- H.Res. 112 / S. Res. 83: Secondary School Student Athletes' Bill of Rights



State Updates

Montana

Montana Athletic Trainers Association inducted Janelle Handlos and Mark Meredith into the MTATA Hall of Fame. Stacey Molt, Chris Heard, Jake Ritter, and Val Moody were awarded the MTATA Service Award.



The MTATA State Meeting was held the first weekend in June in Helena at Carroll College. The executive board had the chance to meet with lobbyist Margaret Morgan to begin planning for the next legislative session. The meeting featured outstanding speakers focusing on our own health and wellness as ATs, nerve entrapments, ACL return to sport considerations, case studies, and much, much more. Nearly 40 ATs were in attendance and it was an incredible day of dialogue, discussion and learning.

Washington

The new web site is up and running at www.wsata.org. It is still a work in progress as we continue to improve the content and functionality of the web site.

With the help of the AT Advisory Committee the Washington State Department of Health has completed the rules processes for WAC 246-916-020 (approved educational programs eligible for licensure) and WAC 246-916-060 (continuing education requirements to maintain licensure)

The Washington State Department of Health Athletic Training Advisory Committee has two professional member positions opening up on July 1, 2016.

WSATA Annual Meeting and Clinical Symposium sponsored by DJO will be on July 16, 2016 at the Don James Center in Husky Stadium at the University of Washington. The program will offer 6.5 CEUs including 2.5 EBP CEUs with the feature presentation by the Korey Stringer Institute titled "Evidence Based Medicine in the Realm of Heat Stroke and Sudden Death".

WSATA President and Secretary position elections will take place this fall as Craig and Katy will be completing their second terms in those positions.

The 2016 Washington State Athletic Trainers' Association Annual Meeting and Clinical Symposium was held July 16, 2016 at the Don James Center in Husky Stadium in Seattle. For the second year in a row, there were over 90 members in attendance. The meeting started off with our awards presentations – the Excellence in Service Award was presented to Daren Nystrom from University of Washington, and the Physician's Award was presented to Dr. Neil Roberts.



Two members were also inducted into the WSATA Hall of Fame: Rick Griffin and Ken Kladnik. The programming was interesting and informative, with Dr. Ed Khalfayan, team orthopedic surgeon for the Mariners and Seahawks discussing elbow injuries, Zachary Hawthorne, DPT, introducing Postural Restoration Institute (PRI) Techniques, and Mallory Mann, PhD teaching Mental Skills to Facilitate Injury Recovery. The program was highlighted by the EBP presentation and lab with Will Adams from the Korey Stringer Institute about Evidence Based Medicine in the Realm of Heat Stroke and Sudden Death. WSATA would like to thank all of the attendees, speakers, and especially our sponsors who make the meeting possible: DJO, Henry Schein, Pacific Medical, Cramer and Mueller. We look forward to seeing everyone next summer!

Alaska

Alaska will host a virtual business meeting this fall in an attempt to be more inclusive of our remote members. Date is to be determined. If this is successful, we will consider this model for CME opportunities for our membership.

Alaska recently experienced the death of a youth athlete during a high school track meet. This tragic event highlighted many areas that Alaska as a state can improve youth safety and the Alaska Athletic Trainers' Association is partnering with other state wide medical associations to lobby the legislature to enact basic youth safety legislation.

Licensure in Alaska is now almost a year old. Many Athletic Trainers are exempt for the first two year cycle and will not need licensure until 2017. We are excited to see that many of our dual credentialed colleagues who do not primarily work as Athletic Trainers are supporting the process and obtaining licensure.

Idaho

The new web site is up and running at www.idahoata.org. Go check it out! Tons of great information is up!

The Idaho state meeting is July 29-30 in Boise. Info is on website. 11 total CEUs, including 4 EBP's!

Oregon

OATS Summer Symposium – July 9th at Chiles Center on the campus of the University of Portland. Schedule can be found on the OATS website: oregonathletictrainers.org and more information can be obtained by contacting OATS Vice President Kyle Nelson (kynelson@cuportland.edu)

Secondary school ATs be advised that effective 2016-17, OSAA is requiring the following: “Each full member school shall have an Emergency Action Plan (EAP) in place for responding to life-threatening emergencies in after school practices and events. Schools are strongly encouraged to utilize the ‘Anyone Can Save a Live’ program, a free, turnkey solution that covers all medical emergencies.”

OATS continues to investigate how the definitions in the state practice impact ATs ability to practice in the state. If you have been impacted by the way the practice act is written please contact OATS President Sam Johnson (sam.johnson@oregonstate.edu) or OATS GAC Chair Jeremy Ainsworth (jainsworth@ptnorthwest.com)

Final Thoughts

First of all, I want to thank you for nominating me your District 10 Secretary. I am well aware of the big shoes I have to fill following Kasee Hildenbrand. Lucky for me, she spent days with me to fill me in on everything I need to know about the position. My main objective for the years heads is to be an advocate. As secretary, my focus is for the membership to have a voice. I find that being a member of the NWATA is something special; something to experience. When I attend the NWATA meeting in March, I always look forward to seeing old friends, sharing stories about growing as Athletic Trainers, and being a part of something amazing. I feel very connected in this district and I couldn't be more grateful for the opportunities I have been given because of that connectedness. So please, don't be a stranger. email me! Call me! Send me your photos, post on Facebook, share your stories and by all means, come find me at meetings. If we don't already know each other personally, let's make sure we do. I am here for each and every person in the NWATA, because really, we are all in this together.



Contribute to YOUR newsletter!

If you have a good story, news, information or feedback for this newsletter,
please send to

Ben Henry
benjaminhenryatc@gmail.com